

November 29th, 2010

Saint John Y working in Partnership with the Town of Quispamsis

Saint John, NB – The Saint John Y is overjoyed to be part of development in Quispamsis. The Saint John Y has been working closely with the Town of Quispamsis since 2005 when the Y began operating the Recreation Centre and now after five great years of working together, the two will come together in a state of the art facility, the qplex. The Y will be moving all its programs from the Recreation Centre to the qplex early in the new year when the facility is slated to open.

“When the town asked the Saint John Y to be part of the qplex, words could not describe our excitement”, said Shilo Boucher, Chief Operating Officer. “I knew the possibilities were endless to provide new and exciting programs for the community.” To be part of the qplex means great opportunity not only for the current participants of the Y but for the whole community.

The Y will continue to operate all existing programs, including after school, pre and play school, Intro to Play, Birthday Packages, Full Day Programs, Summer Day Camps, youth programs and Zumba. With access to an indoor walking track, an ice rink, a pool, and the outside trail system the Y will be able to offer even more programs specifically for health and wellness. “We have a vision for future programs that will complement the theme of the qplex beautifully with a goal to combine the spirit, mind and body in healthy living,” says Shilo Boucher, Chief Operating Officer. “We are preparing to offer more fitness classes for all ages, a senior’s walking club, parent and tot fitness programs, hockey camps and much more.”

The Town of Quispamsis has involved the Y throughout the planning and building process. “The Y is a crucial service provider in Quispamsis, a partner in our service to children, youth and adults,” said Town of Quispamsis Mayor Murray Driscoll. “Their services contribute to the social fabric of this community and we see this partnership as one that will benefit everyone.” The most significant display of their interest to build the best facility possible was when the Town asked the Y’s afterschool children to provide their opinion feedback on which playground equipment would be top choice. At the end of the day the Town went with the play equipment the children preferred. The Y children now have ownership in the new Centre and are excited to make the move.

The Y will be signing a 10 year lease with the Town as they believe in the qplex and the partnership that has been built to serve this community for many more years to come.

As a values-based charity dedicated to health promotion and healthy living, the Saint John Y serves people of all backgrounds, abilities and stages of life. The Saint John Y’s mission is to support the growth of people in spirit, mind and body and to foster a sense of responsibility to each other and the global community, while being open to all. For more information on the Saint John Y and the International Programs, please visit our website at www.saintjohny.com. Building Strong Kids, Strong Families and Strong Communities.

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