

2025 **qplex** POOL SCHEDULE

400 max in pool

SHOULDER SEASON SCHEDULE for June 7 – 22 = 16 days

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12:00 – 1:00pm	Member Swim	Member Swim	Member Swim	Member Swim	Member Swim	Member Swim	Member Swim
1:00-2:55pm	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim
3:05-5:00pm	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim
5:00-6:00pm	Toonie	Toonie	Toonie	Toonie	Toonie	Toonie	Toonie
6:00 – 7:00pm	Free Public Swim (200)	Free Public Swim (200)	Free Public Swim (200)	Free Public Swim (200)	Free Public Swim (200)	Free Public Swim (200)	Free Public Swim (200)

REGULAR SEASON SCHEDULE for June 23 – Aug 29 = 10 weeks or 68 days

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekend Hours	SATURDAY	SUNDAY
9:00am - 11:00am	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons			
11:00 – 12:00pm	Y Time/Adult Aquacise	Y Time/lap swim	Y Time/lap swim	Y Time/Adult Aquacise	Y Time/lap swim	11:00am-Noon	Private Rentals By appt only	Private Rentals By appt only
12:00 – 1:00pm	Member Swim/lap	Member Swim/lap	Member Swim/lap	Member Swim/lap	Member Swim/lap	12-1:00pm	Member Swim/lap	Member Swim/lap
1:00-2:55pm	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	1:00-2:55pm	Public Swim	Public Swim
3:05-5:00pm	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	3:05-5:00pm	Public Swim	Public Swim
5:00 – 7:00pm	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	5:00-6:00pm	Toonie Swim	Toonie Swim
7:00 – 8:00pm	Free Public Swim (200)	Free Public Swim (200)	Free Public Swim (200)	Free Public Swim (200)	Free Public Swim (200)	6:00-7:00pm	FREE Public Swim (200)	FREE Public Swim (200)

July 1st and August 4th

**HOLIDAYS Hours – Three Public Swims Each Day
12 noon-2pm, 2:15-4:15pm and 4:30-6:30pm**

Important dates to note that defer from schedule:

June 18 – Pool CLOSED due to private rental

**June 21 & 22 – East Coast Games – TIDE Swim Meet – Sunday June 22 regular schedule resumes at 1pm
Aquacise Classes – Mon & Thurs Regular season**