



Resolution: Urgent Action to Address Long-Term Care Bottlenecks Impacting Provincial Health Infrastructure (July 2025)

WHEREAS the **Saint John Regional Hospital** serves as a provincial centre of excellence, home to both the **New Brunswick Heart Centre** and the **provincial trauma centre**, providing critical tertiary care services for residents from across New Brunswick; and

WHEREAS a significant number of hospital beds at the Saint John Regional Hospital and other regional hospitals are currently occupied by individuals who have been medically cleared for discharge but are waiting for placement in long-term care facilities; and

WHEREAS the **Department of Social Development** is responsible for long-term care assessments and placements in New Brunswick, and the growing provincial waitlist for long-term care is resulting in delays in discharge and increased strain on the acute care system; and

WHEREAS these delays reduce hospital capacity, increase wait times for emergency care and elective surgeries, and limit access to specialized services — particularly at the Saint John Regional Hospital, which serves as a critical provincial resource; and

WHEREAS municipalities, healthcare professionals, families, and patients are calling for urgent provincial action to expand long-term care options and relieve pressure on acute care hospitals;

THEREFORE BE IT RESOLVED THAT the **Council of the Town of Quispamsis** calls on the **Government of New Brunswick**, specifically the **Department of Social Development**, to:

1. **Immediately increase the number of long-term care beds across the province**, with priority given to areas served by major regional hospitals such as Saint John, where acute care capacity is under significant strain;
2. **Accelerate and streamline the assessment and placement process for long-term care**, ensuring individuals who no longer require hospital-level care can transition into appropriate residential or supportive housing settings without delay;
3. **Invest in transitional care models and community-based housing solutions** to reduce the reliance on hospitals as holding environments for medically stable seniors;
4. **Develop a coordinated regional plan** in collaboration with municipalities, regional health authorities, and stakeholders to manage long-term care access and hospital flow more effectively;
5. **Acknowledge the Saint John Regional Hospital as a provincial asset** whose efficiency is critical to health care delivery across New Brunswick, and ensure decisions around long-term care capacity are made with this provincial lens in mind.